from the editor



very year we look forward to putting together our July edition. From beginning to end, it is a true celebration of summer. (And since we start producing the issue while it's still chilly outside, it gives us all an excuse to daydream about lazy, sunny days.) My summer started off with a joyful celebration—the college graduation of our oldest son, CJ, over Memorial Day weekend. Next up was daughter Susannah's 20th birthday in June, and this month my dad turns 75. I'm sure your family has plenty of excuses to get together and share food and



fun too. That's why we packed this issue with everything from casual entertaining tips and easy menus (see "Great Outdoors," page 22, and "We Love Summer," page 116) to stylish ideas for what to wear to all those outdoor events ("The New Nautical," page 40). If your personal goal for the season is getting (or staying) in shape, we know you'll be inspired by Articles Director Jonna Gallo Weppler's weeklong experience at the Biggest Loser Resort (page 78). You may even be tempted to try all our Healthy Family Dinners® ("Chopped!," page 127)whether or not you're counting calories. Enjoy the issue and enjoy the season. Both are made to be savored.



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Earlier this month *Family Circle* staffers volunteered with **Rebuilding Together** to rehabilitate homes in a Brooklyn, New York, neighborhood devastated by Hurricane Sandy. Rebuilding Together is a national not-for-profit organization that believes everyone deserves to live in a safe, healthy home. Each year it organizes thousands of community volunteers to work on home-improvement projects in neighborhoods across America. Visit familycircle .com/werebuild to see photos and videos of our workday, to make a donation or to find out how you can volunteer with Rebuilding Together.

A FEW OF MY FAVES

Colorective Shampoo by Curlisto in Chocolat It can be tough to make hair color last in the summer if, like me, you're outdoors every weekend and not a fan of wearing

and not a fan of wearing hats. So I rely on this color-enhancing shampoo once a week (there's a companion conditioner too) to glaze and protect my dark brown shade. Redheads can choose between Merlot and Bloody Mary, and there's Smart Blonde for light shades. **Curlisto.com, \$41**



Swiss Diamond 12¹/2"

Nonstick Fry Pan While I was in Charleston last April for the Family Circle Cup, I hosted a low-country cooking class at the fabulous Charleston Cooks! and we all fell in love with Swiss Diamond pans. The instructors explained that the durable cookware has a coating with real diamond particles for a long-lasting nonstick surface. Plus. it conducts heat evenly, is oven-safe up to 500 degrees and is a snap to clean. Sold! Swissdiamond.us, \$130

Laura Mercier Caviar Stick Eye Colour in Grey Pearl Eye shadow tends to not be part of my morning

find the application fussy, though I do think wearing it makes my eyes look better. So I was happy to discover this lightweight, creamy shadow. The crayon form makes it a cinch to sweep on and it lasts for hours. The mauve-gray

shade is a great summer neutral. **Nordstrom.com, \$24**